

# *How to Talk So Kids Will Listen*



**Facilitator: Bob Pavlik, ME**

**July 9**  
**Getting**  
**Cooperation**

**July 23**  
**Alternatives to**  
**Punishment**



**Date:** Thursdays, July 9 and 23, 2009  
**Time:** 9:30 to 11 a.m.  
**Place:** Community Campus, Portsmouth  
**Cost:** Free!  
**Child care:** Free for ages 12 and under with advance signup  
**More info:** [www.FamiliesFirstSeacoast.org](http://www.FamiliesFirstSeacoast.org)  
**Advance signup required!** Call 422-8208 x602

*Learn to choose  
consequences  
that teach  
responsibility*

Families First is a nonprofit agency providing a broad range of health care and family support services. Parenting classes, family programs, children's programs and support groups at Families First are made possible by: State of New Hampshire, Foundation for Seacoast Health, United Way of the Greater Seacoast, Rockingham County Incentive Funds, Portsmouth Regional Hospital, NH Children's Trust Fund, Wheelabrator Technologies, Citizens Bank Foundation, Portsmouth Community Development Block Grants, Fuller Foundation, American Culinary Federation and Target.