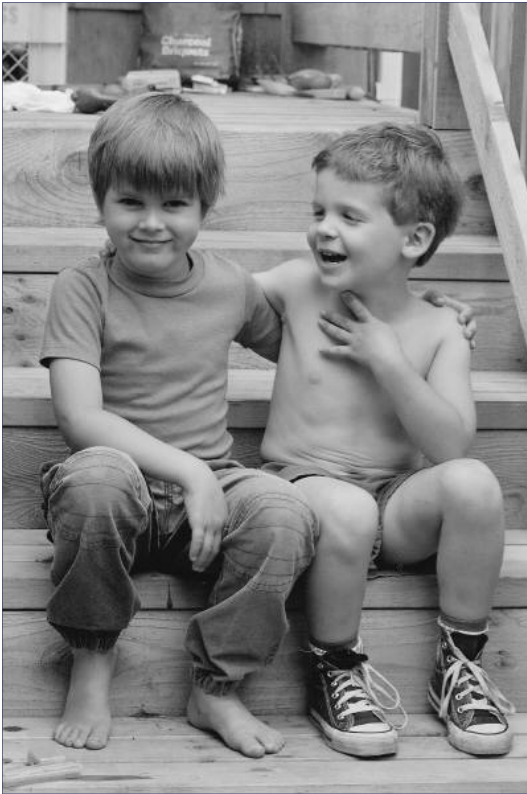


Keeping the Peace

Helping Siblings Get Along



Parents will learn:

- ◆ Underlying causes of sibling rivalry
- ◆ When they should intervene
- ◆ Strategies for handling kids' feelings and behaviors

Facilitator: Susie Bright

Families First

support for families...health care for all

- Date:** Tuesdays, August 3 and 10, 2010
Time: 6:00 - 7:30 pm
Place: Community Campus, Portsmouth
Cost: Free!
Child care: Free for ages 12 and under with advance signup
More info: www.FamiliesFirstSeacoast.org
Advance signup required! Call 422-8208 (press 2)

**Reduce fighting.
Enjoy a calmer
home!**

Families First Health & Support Center is a nonprofit community health center providing health care and family services. Support for parenting and family programs in Portsmouth comes from The NH Department of Health and Human Services, the Foundation for Seacoast Health, Portsmouth Regional Hospital, NH Children's Trust Fund, United Way of the Greater Seacoast, Fuller Foundation, Portsmouth Community Development Block Grants, and the Towns of Rye, Greenland and Stratham.